

Chapter 2. Your Point of View

How it affects your relationship with your horse

"In reality, almost all the findings of science offend common sense."
Etienne Klein

The way you view the world and your place in it largely determines how you view and treat your horse. There are many levels of perception in our human experience and you have already traveled through some of them as a passenger on the train of life. Some levels of perception are very comfortable for you, others are enticing you into their attractor field, and others you diligently avoid. Look back on your life for a moment and reflect on beliefs you once had that simply no longer serve you.

Your horse also views the world through his perspective - that of a prey animal without language and without the skill to alter his environment in times of danger except with flight. He looks for patterns in his world that tell him the way away from fear into safety. If that bush wasn't there yesterday and it is today, he startles because it is now not part of the pattern and Nature has made him alert to the possibility that it might be a wolf instead of a bush. His belief system does not tend to change since it focuses on the safety of the herd, belonging in a hierarchy, and giving trust only when it is deserved.

See if you can find your current level of perception, awareness and consciousness on this Map of Consciousness developed by David Hawkins, M.D., Ph.D. in his ongoing research about the unseen determinants of human behavior. Dr. Hawkins has an uncanny ability to unravel truth and explain it to those of us not yet "in the know" but working on getting there.

Note there is no right or wrong place to be on this map, it is simply a level of self that you have reached on the road to enlightenment, a road we are all on whether or not we realize it. You may also find yourself on various levels of the map depending what emotion you are dealing with. There is no right or wrong place to be, although the higher the logarithmic level, the more evolved the human soul.

As you read through it, intuit where your horse might be! The horse as a species has a definite place on this map (details later in this chapter) and individual horses can calibrate much higher than the level of their species. We had one little Arabian filly here who calibrated a full 185 points above her species level and we performed many analyses trying to figure out why she, of all horses in our herd, calibrated so highly. Most of our horses calibrated 20 to 40 points above the species norm, mostly because they are regular receivers of ESCT, we feel.

Map of Consciousness

God-view	Life-view	Level	Log	Emotion	Process
Self	Is All/Oneness	Enlightenment	700-1000	Ineffable	Pure consciousness
All-being	Perfect	Peace	600	Bliss	Illumination
One	Complete	Joy	540	Serenity	Transfiguration
Loving	Benign	Love	500	Reverence	Revelation
Wise	Meaningful	Reason	400	Understanding	Abstraction
Merciful	Harmonious	Acceptance	350	Forgiveness	Transcendence
Inspiring	Hopeful	Willingness	310	Optimism	Intention
Enabling	Satisfactory	Neutrality	250	Trust	Release
Permitting	Feasible	Courage	200	Affirmation	Empowerment
Indifferent	Demanding	Pride	175	Scorn	Inflation
Vengeful	Antagonistic	Anger	150	Hate	Aggression
Denying	Disappointing	Desire	125	Craving	Enslavement
Punitive	Frightening	Fear	100	Anxiety	Withdrawal
Disdainful	Tragic	Grief	75	Regret	Despondency
Condemning	Hopeless	Apathy	50	Despair	Abdication
Vindictive	Evil	Guilt	30	Blame	Destruction
Despising	Miserable	Shame	20	Humiliation	Suicide

Note: Taken from Power vs. Force, David R. Hawkins, M.D., Ph.D., Hay House Inc., 2002.

Using this logarithmic map as a guide, let's go on a narrative journey about how a human at each level of consciousness might perceive a nervous, spooky and anxious horse being handled by a well-meaning but overly forceful and incapable human.

Level Descriptor Viewpoint of observer watching horse being handled

20	Shame	The horse is seen as a lesser, dirty and stupid creature.
30	Guilt	The horse probably deserves what he's getting due to his bad behavior.
50	Hopelessness	The horse's problem is evidence that nothing can be done to help him.
100	Fear	The horse is threatening to humans and should probably be put down.
125	Desire	Why doesn't someone do something about this frustrating horse?
150	Anger	One could either be angry or supportive that horses are punished so.
175	Pride	What an embarrassment this horse is to his owner and to his kind.
200	Courage	Isn't there a better place for this horse to receive good training?
250	Neutrality	The horse looks OK, just having a bad day. The human is coping.
310	Willingness	I think I might offer my help to the horse handler to calm it down.

350	Acceptance	That horse has a lot of emotion penned up. Wonder what happened to him to make him act like this. We may never know.
400	Reason	This horse may be a good candidate for natural horsemanship training.
401 to 599	Peace	The horse begins to look like a suffering sentient being with rights.
600	Enlightened	We begin seeing the horse as an expression of the evolving Self and this connects us across species with compassion and understanding.

Now reflect on what you bring to your relationship with your horse each time you interact with it as a rider, trainer, caretaker and fellow sentient being. The implications are wonderful and challenging. Since 85 percent of the world's population checks in at a log below 200, below courage, the entire subject of ignorant behavior toward the horse becomes easier to understand but not easier to accept. Add to this the fact that the horse is an energy being that relates to you on the basis of what he senses and feels coming from you energetically, and you see how humans - even with the best intentions - can fail to communicate with horses. Most humans are not in touch with their energetic truth. They don't ask "where am I resonating on this ladder of conscious behavior."

Interestingly enough, horses as a species resonate at 200 on the Map of Consciousness, according to Dr. Hawkins. The reason they resonate so highly is that their herd instinct and softer prey nature gives them a leg up on lots of less community-oriented predators. Odd that horses should resonate higher than most of humanity, but once you think about it more deeply, their innocence and vulnerability is also what makes them appear spiritual to us. So perhaps they truly are.

Your horse needs no words to experience you. Language does not act as the filter on input from the world as it does with us humans. That means he can read waveforms and respond to them before they become a particle state. Diagrams, maps and written procedures are meaningless to him. What was or might be is irrelevant to him. Movement is what counts. Horses learn to do what we ask before we ask simply by our imagining the movement. By intention. In quantum physics, intention is what gets the whole "ball of wax" rolling - what precipitates the waveform into matter, or the "wavicle" into a particle state.

So, if what he reads energetically does not match what you are telling him with body language, voice and training tools, he will not respond to your mixed signals in a way that pleases you but rather in a way that reflects what is being emanated by you. He will be wary and unsure, suspicious and mistrustful. He comes from a state of feeling, behaviors that are tied to his genetics, behaviors that generally tell the truth. He does not project emotions, which are tied to the human ego and rarely tell the truth. Perhaps that is why many humans are

smitten by the horse's honesty and ability to reflect back what the truth needs to be at that moment of interaction in time.



LEFT: A horse's behavior reflects his feelings, which are tied to his biological legacy. Feelings tend to be congruent and truthful in the moment.

Humans emote and emotions are tied to the ego. Emotions rarely reflect what is really going on. This horse, Frankie, a former Harmony HorseWorks resident and now adopted, is happy to be alive and expresses his feelings by exuberantly galloping around his corral.

POINTS TO REMEMBER:

1. How you view the world affects your relationship with your horse.
2. People treat their horses according to their level of consciousness.
3. Horses read your body language and try to understand you through it.
4. Horses are tuned to your energy field and take their cues from it.
5. They have no language overlay, no filter of words to muddy up the input they receive from humans. Humans are capable of saying one thing, and meaning or doing another entirely.
6. The movement of the horse and all its body cues express the current state of being of the horse.